

Rumbles Newsletter

JULY / AUGUST 2023

Early Ford V8 Club RG # 109



**PO Box 53517 Broadmead
Victoria, B.C. V8X 5K2**



*I JUST LOVE GOING
TO THE FORDS &
FRIENDS SHOW*

The girls enjoy a moment in Gordie Thomas' 1924 Packard.

www.earlyfordv8victoria.com

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- Ladies page: Great stuff from the ladies of the 109 & others.
- Tech Talk. Fords and general.
- Photos – members rides, events, nostalgia misc.
- Buy & Sell.
- Committees – function, contacts.
- Fun page – humor, puzzles, quirks.
- Miscellaneous.

Contributions are always welcome and sincerely appreciated.

Please send submissions to the Rumbles editor via email at cdchown@outlook.com or phone 250 595 0312 if you prefer.

Thank you in advance.

109 Club Executive 2023.



L to R. Jim Banks, Heidi Bada, Chris Chown, Mike Mortimer



Executive & Directors 2023.

POSITION	NAME	TELEPHONE	EMAIL
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DIRECTOR	Jim Banks	604 351 4351	Banksjim16@gmail.com
DIRECTOR	Jim Jennings	250 477 5594	jennings@telus.net
DIRECTOR	Chris Chown	250 595 0312	cdchown@outlook.com



The original club charter from 1980. Can anyone identify the signature on the right?

2023 CLUB AGENDA & SCHEDULED EVENTS.

All events and dates are subject to change.

Information updates issued as soon as possible.

DATE	ITEM	CONTACT
JAN 10	AGM/ & REGULAR CLUB MEETING	MIKE MORTIMER
FEB 14	REG CLUB MEEETING	MIKE MORTIMER
MAR 11	SHOP TOUR AVAITION MUSEUM	GARY CLARKE
MAR 14	REG CLUB MEEETING	MIKE MORTIMER
APR 11	REG CLUB MEEETING	MIKE MORTIMER
APR 15	SHOP TOUR = GORDY ALBERG	GARY CLARKE
MAY 9	REG CLUB MEEETING	MIKE MORTIMER
MAY 28	109 FAVORITE RIDES GROUP PHOTO – ST. ANNS 9:00 AM	CHRIS CHOWN
JUNE 13	REG CLUB MEEETING	MIKE MORTIMER
JUNE 25	VCC SWAP MEET	MARC BROWN, JANE THOMAS CHRIS CHOWN
JULY 16	FORDS & FRIENDS 2023	BRUCE SOMERS
JULY	RENO ROAD TRIP	GARY CLARKE
AUG 19	ANNUAL CLUB BBQ. Rose & Norrie Spencer – Rosemead Farm	MIKE MORTIMER
SEPT 12	REG CLUB MEEETING	MIKE MORTIMER
SEPT ??	SHOP TOUR ROUNDHOUSE	DON FREIBE / CHRIS C
OCT 10	REG CLUB MEEETING	MIKE MORTIMER
OCT ??	FINAL SHOP TOUR – ST. ANNS	CHRIS CHOWN
NOV 14	REG CLUB MEEETING	MIKE MORTIMER
DEC 16	ANNUAL CHRISTMAS PARTY	ROB VANZELLA

REGULAR MEETING MINUTES –SEPTEMBER 12, 2023.



Presidents Message.

Mike Mortimer



Just a quick note to say hello and thank everyone for such a stellar effort at Fords & Friends 2023. We are currently camping in the Parksville area and without internet service which explains such a short message. Really looking forward to seeing everyone at the annual club BBQ on the 19th.

***Mike Mortimer
Live life, Be Happy***



Message from the Editor.

Chris Chown.



As we close the book on another Fords & Friends show I can't help but think how very fortunate we all are. One only must tune in to the six o'clock news and observe all the worldwide strife to understand that life on the island is really quite wonderful.

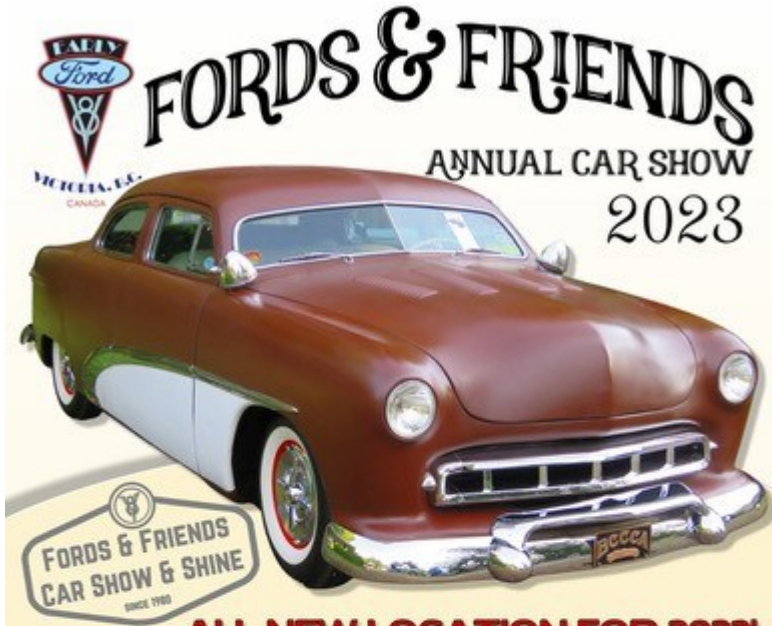
The r FNF 23 show was a credit to the skills and determination of Bruce Somers and his organizing team. A solid success and our most sincere thanks go out to all our club members who stepped up and worked so hard.

We would love to have a co-editor to assist with publication and content as you wish. If you are interested, please give me a call anytime.

Cheers, Chris



Club News:



ALL NEW LOCATION FOR 2023!
4495 Happy Valley Road in Metchosin
9:00AM-3:00PM JULY 16TH

PRE-REGISTER Only!

Open to all pre 1985 makes & models
Register today - earlyfordv8victoria.com

Show Cars \$20

Show car entry 7am



Scan with phone to Register!

Presented by **CO-OP PENINSULA CO-OP**



Trophy Winners

AWARDS FOR BEST CAR & BEST TRUCK ARE SELECTED BY SHOW PARTICIPANTS VOTES AT THE SHOW.. THE AWARD FOR THE BEST FLATHEAD IS SELECTED BY AN INCIVIDUAL INDEPENDENT OF THE EARLY FORD V8 CLUB

Winners by category for 2023:

- 1. PARTICIPANTS CHOICE BEST CAR – STEVE THOMPSON**
- 2. PARTICIPANTS CHOICE BEST TRUCK – STEVE LAMB**
- 3. SELECTION FOR BEST FLATHEAD – DAVE HARGRAVES.**

BEST CAR.



This magnificent 54 is a classic example of a favorite ride that has been built with loads of patience and TLC. The Starliner is a ground up rebuild expertly rendered by Steve and his patient wife Kathleen, starting in 2020. Black acrylic lacquer paint is stunning..

1954 Studebaker Regal Starliner, engine numbers matching block 232 Studebaker overhead v/8, .030 over with 289 heads & 4bl intake & exhaust manifolds. AVS Eldelbrock 500 cfm carb stainless exhaust and mufflers, 12-volt conversion 3 speed overdrive standard trans with floor shift, 4.09 rear gear, factory power steering, exterior mods 1953 front bumper guards, 1953 free standing grille inserts, early 1953 hood and trunk tri-star emblems, 1956 Studebaker hawk dashboard. Every component has been replaced or rebuilt, all work done by the owner including body and paint. The paint is DuPont 99s diamond black acrylic lacquer, interior by Reg Young, all work performed in my home shop. The only time the Stude left the shop was for a wheel alignment, 2-year project. Chrome plating by electro shine.

Thank you to Early Ford V8 Club for a great show.

Steve Thompson

BEST TRUCK



There is little wonder why you won't be able to find any photos or history for a 1936 Plymouth pick-up. That's because Plymouth never made a pickup in 1936.

This incredible build has a warm and wonderful story behind it that is a first for the Fords & Friends show. This special 36 started life as a 1932 Plymouth 4 dr sedan until it met the students at Mount Doug auto shop program and their instructor. At that point there was some cutting involved that included removing the back half of the car. The cab was extended and then came the addition of a Ford pickup box. This would never be considered an easy thing to do. Today, with the TLC and expertise applied by Steve

Lamb the pickup now sports a 468 big block Chevy fully loaded with all kinds of goodies.



BEST FLATHEAD



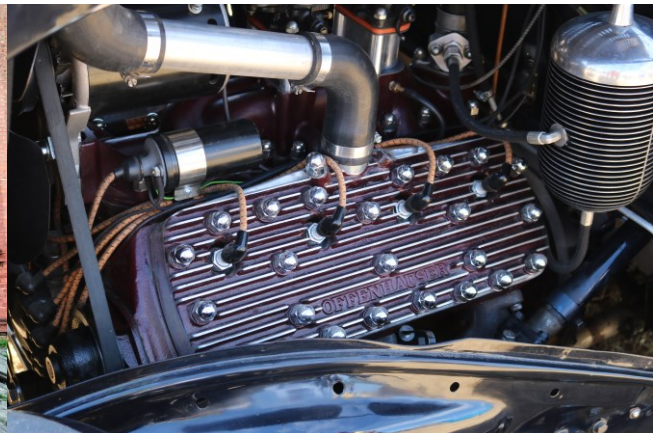
This 33 Model 40 was built by the Rush Brothers (Bill & Dick) about 40 years ago for racing at Bonneville. The history is unique in many respects and includes a period of about 30 years where it sat idle in a field. Very sad state when repurchased by Rush Bros. in 2018.

The entire build is a story in itself with the flathead receiving all kinds of special treatment specifically designed for racing. A true "Hot Rod" is every sense of the word.

The flathead is 276 cu in Stroker with a girdled 4" Merc crank. Ross pistons are 60 over, scat rods and an Isky 400 cam. Top side is Offenhauser heads with dual Holly 94 carbs and adjustable lifters.

Today this special rod is in the creative hands of Dave Hargraves receiving lots of attention to make it even more perfect. It is predictable that this 33 coupe is one of those very special rides that will be a favorite ride throughout eternity.

We thank Dave for attending FNF 23 and offer our most sincere congratulations on such a terrific build. Keep your eyes open for this one to flash up in Esquimatt!



Please visit the club website www.earlyfordv8victoria see Trophy Winners for full details and more photos.

The Early Ford V8 Club has hosted a wide variety of car shows on Vancouver Island over the last 41 years. One of the most important features of every show is the presentation of trophy awards to selected winners. In 2023 there were three separate categories awarded including Participants Choice for best car and best truck. In addition, the 109 club awarded a trophy for the “Best Flathead in the show.

There were so many very special favorite rides in this year’s show it was a complex process to pick the best in each category. We even wound up with a tie in one category which required more votes from participants to determine the final winner. After the dust had settled we are so very pleased to have the best of a very impressive group as our Fords & Friends Trophy Winners for 2023.

Thank you to all participants and guests who joined us this year and have helped in so many ways to make the Fords & Friends Show another solid success.

Our heartiest congratulations are extended to the winners:

STEVE THOMPSON – PARTICIPANTS CHOICE BEST CAR

DAVE HARGRAVES – BEST FLATHEAD

STEVE LAMB – PARTICIPANTS CHOICE BEST TRUCK



The Ladies Page.

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SPORTS & REC

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DO YOU HAVE LOCAL SPORTS NEWS? Contact: **Michael Briones** michael.briones@pqbnews.com Phone: 250-905-0026



Parksville swimmer sets five Canadian records

MacPherson, 86, has no plans to slow down anytime soon

MICHAEL BRIONES
michael.briones@pqbnews.com

Linda MacPherson just turned 86 years old. For her, it's just a number as her desire to continue to make a splash in the pool remains strong and has not waned.

The Parksville swimmer achieved another milestone recently, when she collected five gold medals at the 2023 Canadian Masters Championships in Calgary.

MacPherson competed in the women's 85-89 age group freestyle events and not only did she garner top finishes in all five races she entered, she also set new Canadian records in her age group.

She was first in the 50-metre freestyle in a time of 45.14 seconds, 100 free (1:39.09), 200 free (3:37.10), 400 free (7:42.77) and 800 free (15:46.65).

"It was my target to win all five events," said MacPherson, who indicated she prepared well for the national meet, training at Ravensong Aquatic Centre in Qualicum Beach three to four times a week and going to the gym twice a week.

"We do approximately two-and-a-half to three kilometres workout in an hour. We hit the water at six in the morning. There are six of us. We do a pretty good workout."

MacPherson said she started swimming when she was still a baby and has been a competitive swimmer all her life. She has done extremely well in provincial, national and international masters events.

"It's very stressful but I love it," said MacPherson. "It keeps me in good shape and gets me going. I have no plans of giving it up. No, I don't want to do that."

What motivates her more to continue com-



Linda MacPherson won five gold medals and set five new Canadian records in her age group at the 2023 Canadian Masters Championships. (Black Press file photo)

peting is not only the health and social benefits she gets from it, but also the new records and milestones that she achieves.

"It's a goal," said MacPherson. "So I go for them. There's also things like the FINA (International Swimming Federation) rankings. I was ranked in the top 10 in the world. Before COVID I was ranked one and two in a number of events. So, that's also a goal is to try and maintain those sort of things too. That's my stress factor."

How serious is she?

"You should talk to my husband about it. You don't talk to me for about two weeks before a meet because I am kind of edgy," she said.

And when she achieves her goal, MacPherson said it makes all the work and sacrifices truly worthwhile.

"It's happy time," said MacPherson. "It makes me feel good. Satisfying, I guess is a good word."

MacPherson wants to compete in the international masters competition but is not able to due to the high cost associated with travelling to the events.

"This year they're in Japan and it just doesn't compute in our situation," said MacPherson. "It does get expensive. They're not cheap."

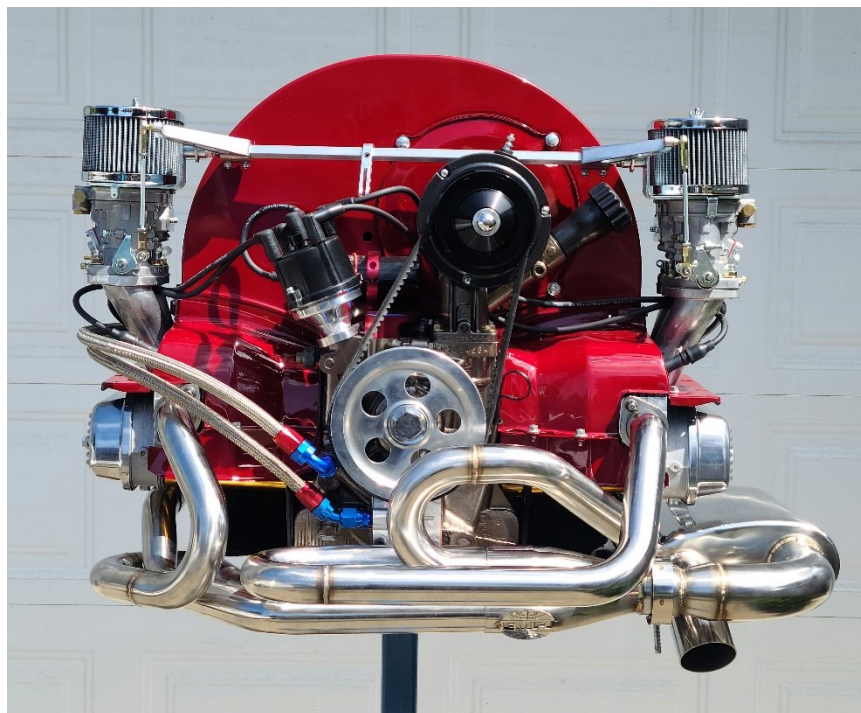
Aside from swimming, MacPherson does other activities like walking. She is proof of the benefits an active lifestyle can have on the quality of your life even at a later age. She strongly encourages everyone to do their best to live an active lifestyle.

"They should," said MacPherson. "Anybody, whatever age, if they can get out and get going, I think it should be a priority. No matter what it is, whatever activity."

Linda MacPherson is a truly inspirational person and her long list of wonderful lifelong achievements are extremely impressive. Congratulations to Linda and Don MacPherson, long standing members of the 109 from Qualicum Beach.



Tech Talk.



This space-age work of art has been rendered by Don Friebe for placement in his VW buggy. If it goes as good as it looks you should keep your head up and watch out for Don on the streets of Victoria. Very well-done Don.

January 12, 1904 – Ford sets new land speed record



Henry Ford, standing, and Barney Oldfield in 1902, with the “999” racing automobile.

Before Henry Ford ever started the car company that would bear his name, he collaborated with a bicycle racer named Tom Cooper to build two racing cars in 1902. The vehicles were relatively interchangeable, both featuring a 1156 cu.in. (18.9 L) inline-4 engine that produced between 70 and 100 hp. Two weeks before their first scheduled race, the cars would not start. Fearing another failure and on the brink of [losing his second car company](#), Ford sold his stake in them for \$800 to Cooper and pioneering auto racer Barney Oldfield. However, being the marketing man he was, Ford retained rights to any publicity and promotions surrounding the vehicles.

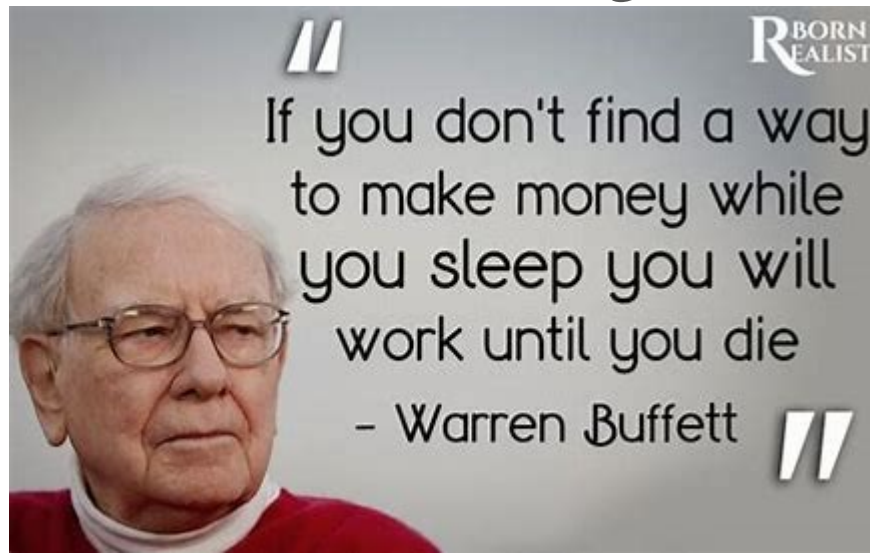


Painted red and yellow and named 999 and Arrow, respectively, the bare bones cars would prove ferocious on the track. Oldfield won the first race he ever entered driving the 999, a five mile race called the Manufacturer’s Challenge Cup. Henry’s obsession with speed seemed like it may pay off, but it soon became deadly.

The car dubbed Arrow also had a successful career, until driver Frank Day crashed the car in September 1903, killing himself in the process. Following the wreck, Henry Ford bought the vehicle back hoping to capitalize on its existing publicity. He and his mechanics repaired it and dubbed it the new 999, as the original red car had been retired from the race track. Then on this day in automotive history in 1904, Henry took the 999 to New Baltimore, Michigan and drove the vehicle himself with mechanic Ed Huff at the throttle. The pair set a new automobile land speed record of 91.37 mph (140.05 km/h) on the ice over Lake St. Clair. At this point, the Ford Motor Company had yet to have its first

birthday, but this success attracted new investors. Ford's achievements behind the wheel may be all but forgotten, but they helped him build a global car company.

Food for thought.



Possibly the last laugh!!

Teacher: "If I gave you 2 cats and another 2 cats and another 2, how many would you have?" Johnny: "Seven." Teacher: "No, listen carefully... If I gave you two cats, and another two cats and another two, how many would you have?" Johnny: "Seven." Teacher: "Let me put it to you differently. If I gave you two apples, and another two apples and another two, how many would you have?" Johnny: "Six." Teacher: "Good. Now if I gave you two cats, and another two cats and another two, how many would you have?" Johnny: "Seven!" Teacher: "Johnny, where in the heck do you get seven from?!" Johnny: "Because I've already got a freaking cat!"

Reporter: "Excuse me, may I interview you?" Man: "Yes!" Reporter: "Name?" Man: "Abdul Al-Rhazim." Reporter: "Sex?" Man: "Three to five times a week." Reporter: "No no! I mean male or female?" Man: "Yes, male, female... sometimes camel." Reporter: "Holy cow!" Man: "Yes, cow, sheep... animals in general." Reporter: "But isn't that hostile?" Man: "Yes, horse style, dog style, any style." Reporter: "Oh dear!" Man: "No, no deer. Deer run too fast. Hard to catch."

All previous editions of the Rumbles Newsletter are available on the 109-club website. Please visit www.earlyfordv8victoria.com enjoy as much as you can.

Your feedback and comments are always appreciated. Input is used to improve the quality and diversify.

Thank you all for your support and participation!

So long until next time!

